

KAMCHATKA

yoga tour for your group

Suitable for yoga instructors,
coaches, and community leaders

Program for partners

% for groups + a free spot for the tour leader

3 pricing options

depending on the group's preferences

8 days / 7 nights

July | August | early September



Who is it designed for yoga tour



Private groups
with a private teacher



Yoga centers
practicing groups

Welcome to Kamchatka

Welcome to Kamchatka – the land of volcanoes, ocean, and hot springs. May every yoga practice **amidst the elements of living nature** here become a journey within, **filling your body with strength, calming your mind**, and opening your heart to new discoveries.

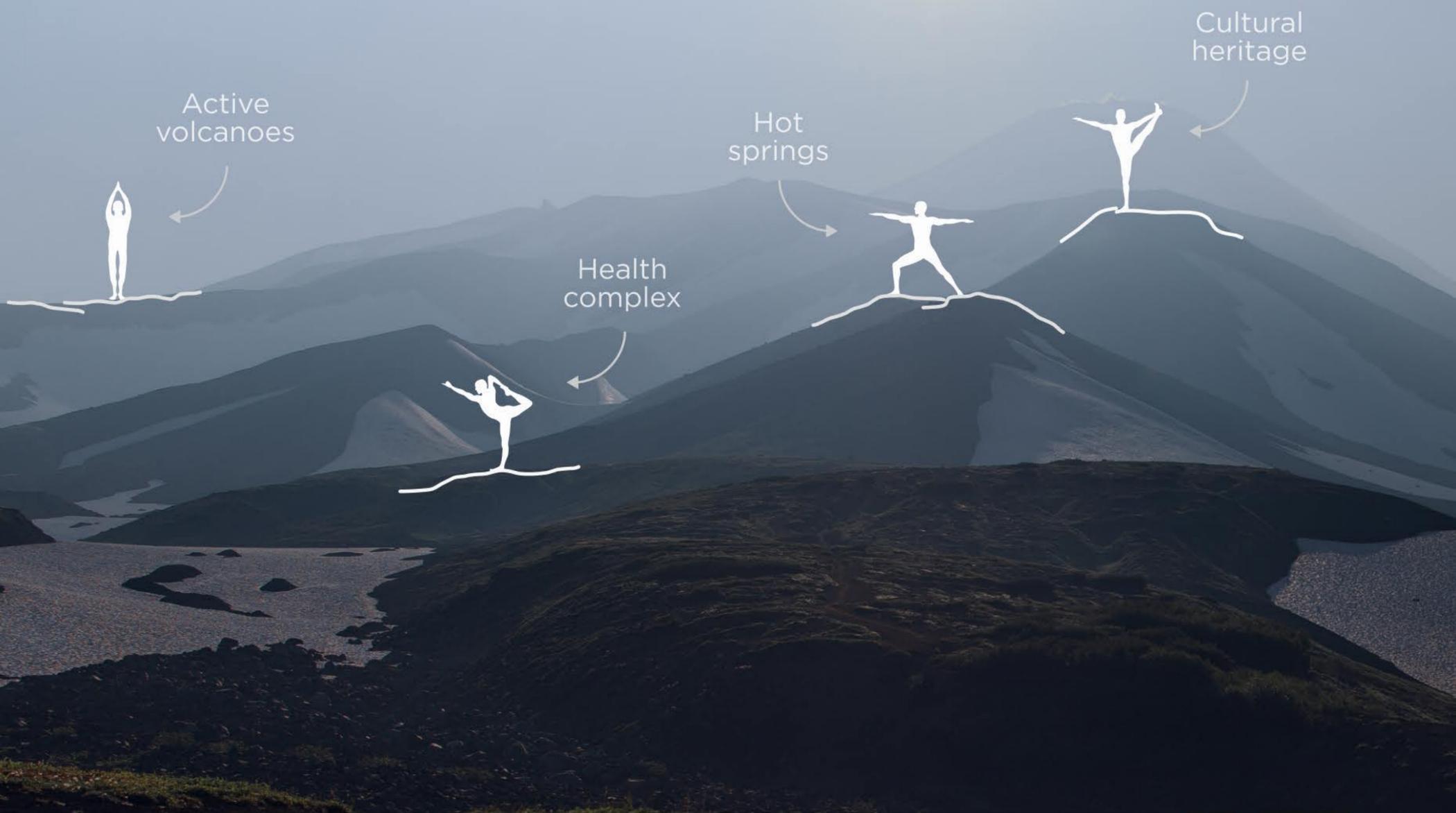
Let go of the unnecessary with each inhale, and yourself with power with each exhale.



Local tour operator
Tour operator LTD «Union Tour Guides»
Registration number: RTO 017237

HW

What awaits you



Group

9 participants + 1 tour leader

Duration

8 days

The yoga tour is intended for everyone who wants to combine a vacation with yoga practice and taking care of their health. It is ideal both for beginners and for those who have been practicing yoga for about two years.

You can travel together with like-minded people, deepen your practice, and gain new experiences in a comfortable atmosphere

Interesting excursions

full-day, activity-packed programs

Contemplative meditations

in places of power

Mindful action practices

right during the excursions

Light physical activity

designed for ages 8 to 70

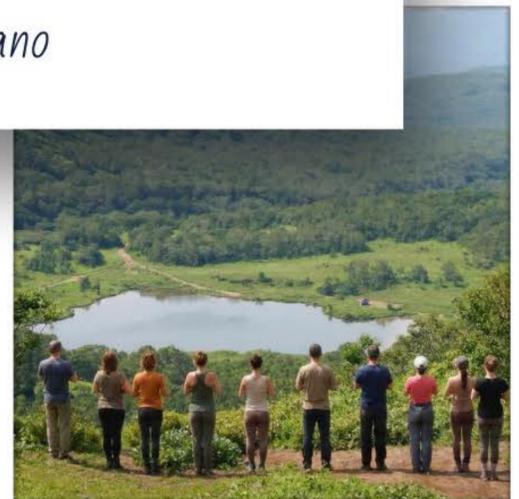


Vilyuchinsky Pass

Low
difficulty



Gorely volcano



Vachkazhets



Everything is already arranged! for you

1

Route

Route planning and detailed itinerary design in Kamchatka

2

Logistics

Logistics: transfers, accommodation, meals, excursions, guides

3

Safety

Briefing, support, insurance

4

Documents

Contract with participants (if needed — from our legal entity), and a clear package of “what’s included / not included”

5

Support with organization

Answering participants’ questions, preparation checklists



Program for partners

for instructors
and tour leaders

KAMCHATKA land

The program is right for you if you

- teach yoga, fitness, or body-oriented practices
- organize retreats / offsite programs
- run a blog / community with an active audience
- want to add an original Kamchatka tour to your offerings

10% from each member of your group
of the cost

transparent payment system and contract

Contract

participation of the tour leader

Free of charge



The tour is officially presented as a retreat led by a teacher from your studio.
We take care of the organization; you handle the practice and communication with the group.

Day 1

Here Russia begins

Meeting the group at the airport

Transfer to the hotel

On the first day of the tour, **guests will be greeted at the airport with a warm smile** and helped to get to the hotel by comfortable transport. On the way to the accommodation, as they look around, they will see volcanoes, small hills, and the city in the distance. One horizon line will gradually be replaced by another

Upon arrival at the accommodation, guests will meet the guide and get acquainted



The "Kamchatka" monument



The road from the airport



Welcome meeting

Day 2

Home volcanoes

Approximate
schedule

from 10 a.m.

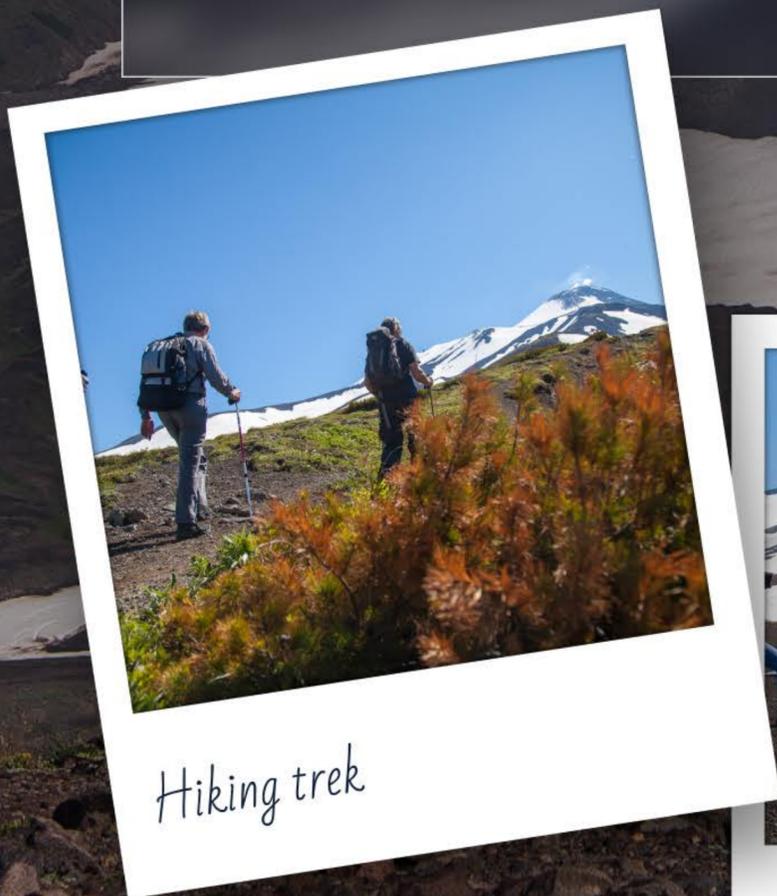
until 6 p.m.

Avacha Pass, Mount Verblyd

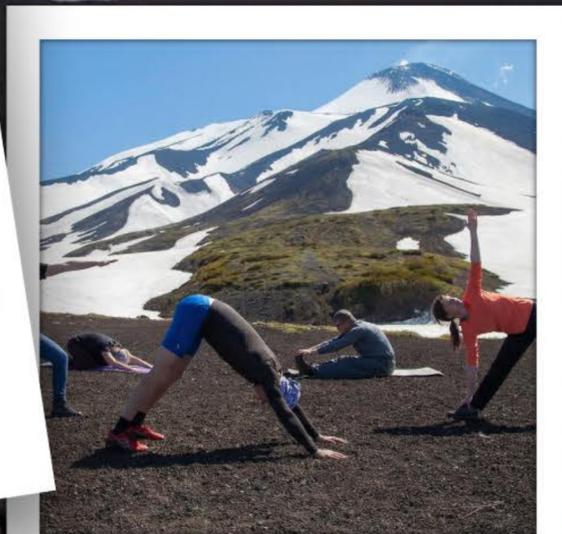
Hiking tour

The ascent will be easy but **active**. Along the way, you can make stops for short yoga practices.

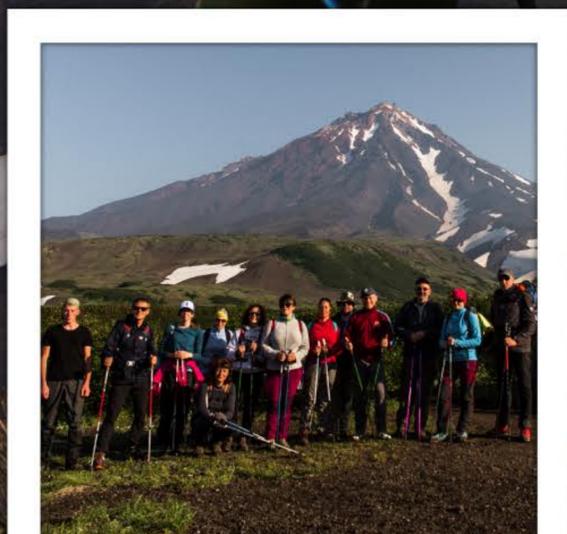
At the top of Mount Camel, we'll have a snack with sandwiches, dried fruits, and hot tea. **This is also a great place for a meditation with a view of the volcanoes.** In clear weather, a panorama of the nearby volcanoes opens up. A few minutes of silence and contemplation.



Hiking trek



View of Avachinsky



View of Koryaksky volcano

Day 3

Hot springs

Approximate
schedule

from 9 a.m.

until 8 p.m.

Tolmachevo Lake, Apachinsky hot springs

Hiking tour and bathing

A full day lies ahead as the group sets off toward Lake Tolmacheva. There is no need to hurry here: the water is like a mirror, with mountains and sky reflected on its surface, and the air is cool and fresh. There is time to simply walk along the shore, sit by the water, and take a few photos. After that, the group continues on to the Apachinsky hot springs. The contrast is felt immediately: after the coolness of the lake comes warm steam and the scent of minerals



Lake Tolmachevo



Basin / bowl



Meditation by the lake

Day 4

Pacific Ocean

Approximate
schedule

from 10 a.m.

until 5 p.m.

Khalaktyrsky Beach, Pacific Ocean, cliffs

Walks, meditations, practices

The city falls behind, vast open spaces unfold, and the air grows fresher, carrying something salty and alive. Right on the beach, you can visit the visitor center with displays about the coastal environment, volcanoes, wildlife, and the local ecosystem. On this day, Khalaktyrsky Beach greets you first with sound — **the roar of the ocean** is heard long before you see it. And then the full picture appears: **black volcanic sand, a long shoreline, powerful waves, and an endless horizon**



Surfing



By the ocean



Volcanic sand

Day 5

Breath of the Earth

Approximate
schedule

from 8 a.m.

until 6 p.m.

Dachnye hot springs (no bathing)

Viewpoints, scenic tour, walk

The trail is easy but fascinating: underfoot it alternates between wooden planks and bare ground. **All around are wisps of steam, small “windows” of cloudy water, and colorful patterns on the soil.**

From time to time, the guide will stop and explain how such thermal fields work, where the heat comes from, why people don't bathe in these springs, and why it's important to keep a safe distance and stay on the path.



Viewpoint



Thermal field



Vilyuchinsky Pass

Day 6

Lakes and waterfalls

Approximate
schedule

from 9 a.m.

until 8 p.m.

Vachkazhets and bathing in Ozerki

Hiking tour, waterfalls, bathing in thermal pools

The trail leads through a small forest and shrubs, along streams and small waterfalls. At a certain point, the Vachkazhets amphitheater opens up: slopes, meadows, lingering patches of snow, and Lake Takhkoloch below. We'll have to cross a mountain river and make a short ascent.

When bathing in Ozerki, everyone chooses a pool to their liking: some start with the warm one, some go straight to the hot one, and others alternate between them



Mountain river



Waterfall



Lake Takhkoloch

Day 7

Sea expanses

Approximate
schedule

from 6 a.m.

until 3 p.m.
or until 7 p.m.

Boat trip to Russkaya Bay

Yacht, marine animals, sea birds, orcas

The route goes through Avacha Bay toward the Three Brothers cliffs.

During this time, you'll be able to listen to our guide-captain's stories about the bay, its history, how fishing is done here, and about navigation in general. For guests on the extended program, the yacht continues toward Russkaya Bay. If you're lucky, orcas may appear on the horizon or come closer.



Orcas



Steller sea lions and yacht

Day 8

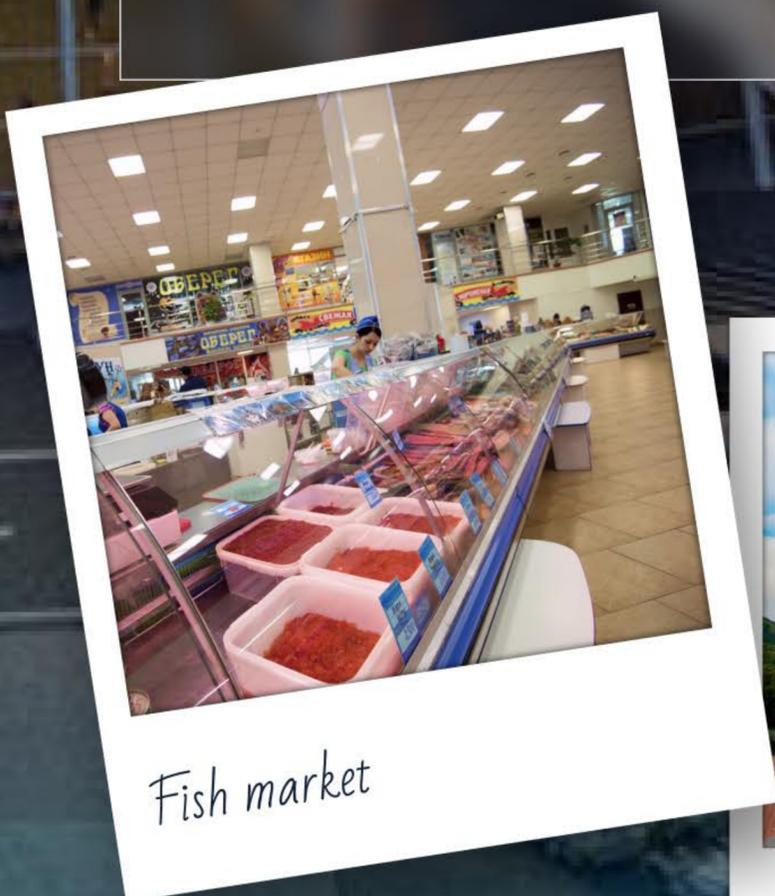
Souvenirs and fish market

Transfer to the airport

Fish market, souvenir shop, transfer to the airport

On the way to the airport, the now-familiar landscapes appear again, but they are perceived differently — as a backdrop to the ending. The guide may remind you that after returning home it's helpful to give yourself time to readjust, rather than jumping straight back into your old rhythm.

As the plane gains altitude, you may see volcanoes and the coastline from the window. At this moment, it becomes especially clear that, geographically, Kamchatka has been left behind.



Fish market



Monument in the city



Bear monument

Accommodation

We offer **3 accommodation options** depending on your budget and comfort preferences

1

Guesthouse

ideal **for a small group** of practitioners who value simplicity, comfort, and closeness to nature

2

Hotel Russky Dvor

the hotel is **suitable for both tourists and business guests**: it has a small conference room of about 40 sq. m where, in addition to meetings, you can also hold yoga classes

3

SPA Laguna

comfortable accommodation in separate double guest cottages, suitable **for those seeking maximum comfort**



All your things in one place
No need to move around

Guesthouse

The house has three cozy bedrooms, **comfortably accommodating 6–7 people in beds**

- a bright bedroom with a double bed and a walk-in closet, ideal for a couple
- another room with a double bed for 1–2 people
- a room with three single beds — a convenient option for friends



Practice hall

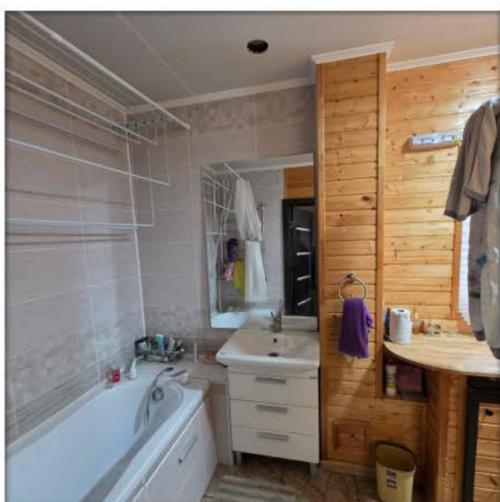


Bright bedroom

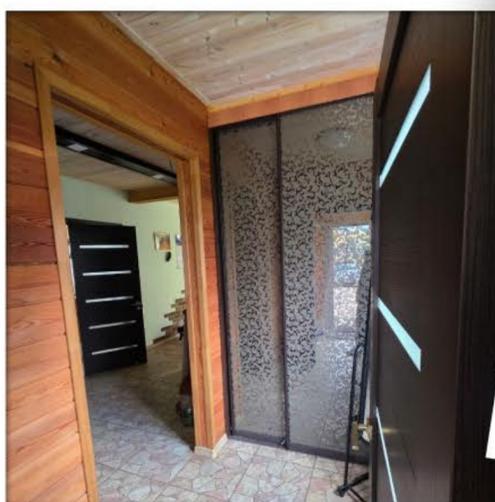


Kitchen

the house has two toilets, showers, and a drying room for clothes and towels



Bathroom



Walk-in closet



Guesthouse

there is a fire pit and a small banya

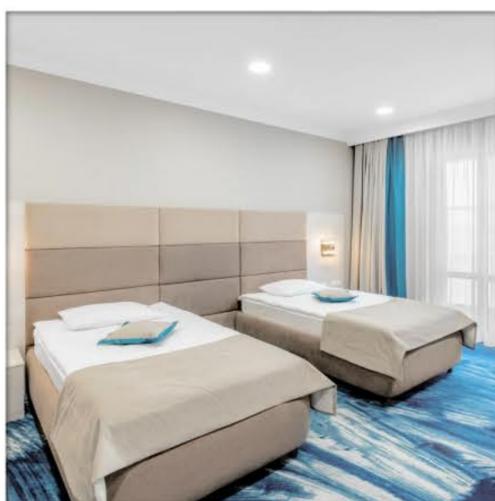
Hotel Russky Dvor

“Russky Dvor” is a new, cozy hotel in one of the most convenient districts of Petropavlovsk-Kamchatsky

- spacious double rooms
- buffet breakfast in the hotel restaurant
- a conference room of about 40 sq. m where, in addition to meetings, you can hold yoga classes



Hotel Russky Dvor



Double room

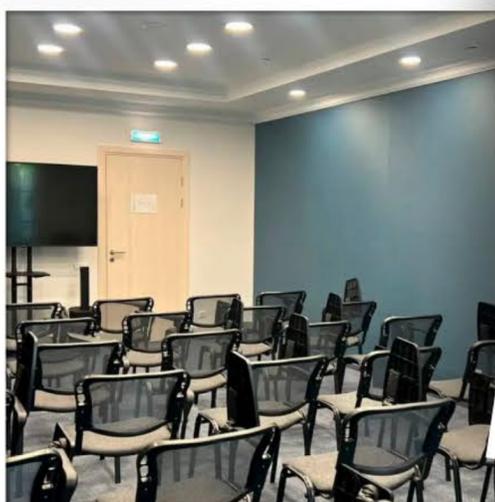


Restaurant

twin beds



Bathroom



Conference room

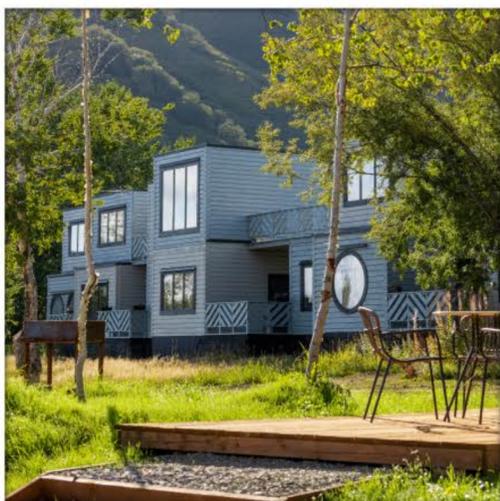


Buffet breakfast

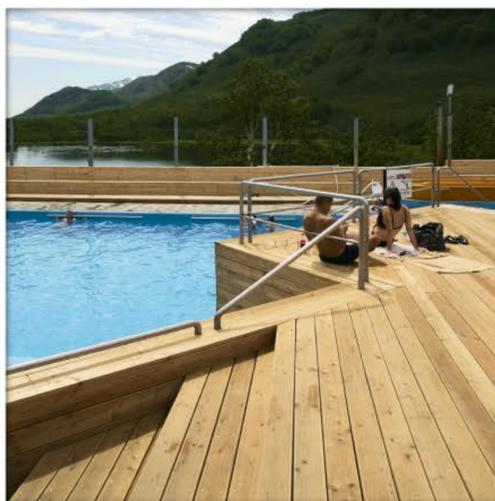
SPA-Laguna hotel 4*

The Laguna spa hotel is located in the **environmentally friendly resort area of Paratunka**, surrounded by greenery. The complex has one of the largest grounds in Kamchatka; there is Lake Mikizha nearby, and volcano views open up on the horizon

- standard modular double guesthouse
- on the hotel grounds there is an open-air hot-water pool, a good restaurant, a children's area, and a spa area



Modular guesthouse



Hot pool

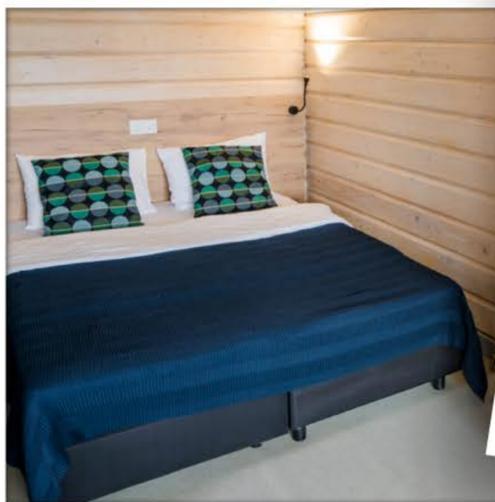


Lake Mikizha

раздельные кровати



Restaurant



Bed in the guesthouse



Shrimps in the restaurant

Meals in the yoga tour



Standard meals | with meat

Balanced breakfasts and lunches with local and European dishes.

The menu includes vegetables, porridge, fish, dairy products, and fresh pastries. To maintain energy, there are healthy snacks such as nuts, dried fruits, and fresh fruit



included in the price

Vegetarian meals | without meat

A menu without meat or fish, with a focus on vegetables, legumes, grains, dairy products, fruits, and nuts. Breakfasts and lunches are varied, light, and nourishing. Snacks include fresh and dried fruits and nuts



Individual meal plan | to your preferences

The option to agree special requests in advance: lactose-free, vegan menus, or consideration of food allergies. Breakfasts, lunches, and snacks are tailored individually so that your diet is as comfortable and beneficial for you as possible



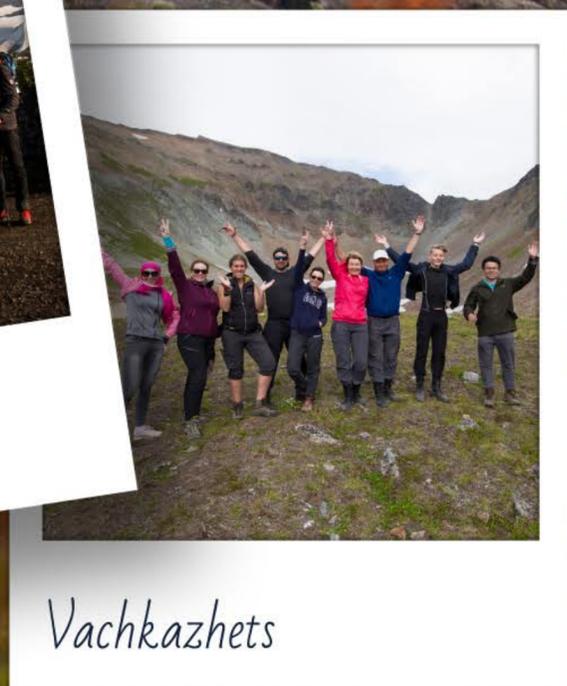
What's included | Light

affordable, practical,
cozy

when staying in the guesthouse

175 400 rubles per 1 person

- accommodation in a private house
- private excursions and transfers according to the program
- accompaniment by our yoga guide and local guides
- entrance tickets to protected areas and to the “Ozerki” and “Apachinsky Springs” thermal complexes
- excursions to the volcanoes by KAMAZ-based off-road vehicles
- three meals a day prepared by a cook for the group
- a 4.5-hour boat trip to Starichkov Island



What's included | Standard

good value, well thought-out,
convenient

when staying **at the Russky Dvor hotel**

231 400 rubles per 1 person

- twin occupancy in standard double rooms
- buffet breakfasts at the hotel, lunch boxes during excursions
- rental of a 40 m² conference room for classes
- private excursions according to the program
- accompaniment by our yoga guide and local guides
- entrance tickets to protected areas and to the “Ozerki” and “Apachinsky Springs” thermal complexes
- excursions to the volcanoes by KAMAZ / Ural-based off-road vehicles
- a 10-hour boat trip to Russkaya Bay



Avacha Pass



Vilyuchinsky Pass

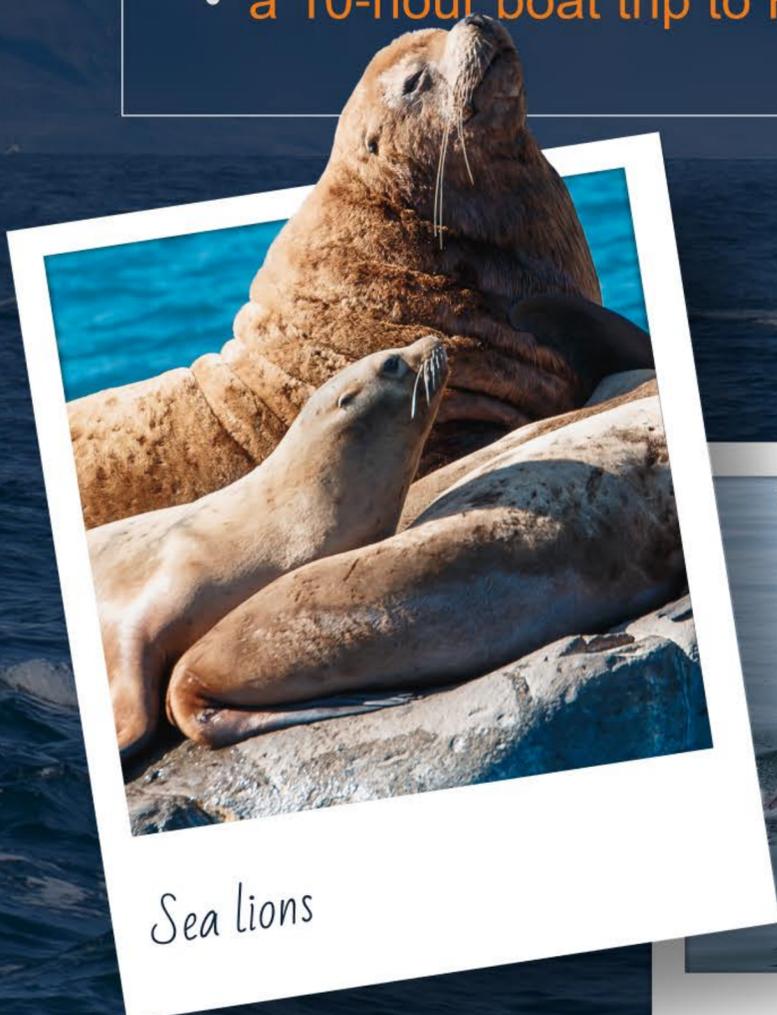
What's included | Comfort

easy, efficient,
comfortable

when staying **at SPA-Laguna**

303 400 rubles per 1 person

- twin occupancy in standard double cottages
- buffet-style breakfasts at the hotel, lunch boxes during excursions
- rental of a large hall for yoga classes
- private excursions according to the program
- accompaniment by our yoga guide and local guides
- entrance tickets to protected areas and to the “Ozerki” and “Apachinsky Springs” thermal complexes
- excursions to the volcanoes by jeep, 3–4 people per vehicle
- a 10-hour boat trip to Russkaya Bay



Sea lions



Orca



Jeep

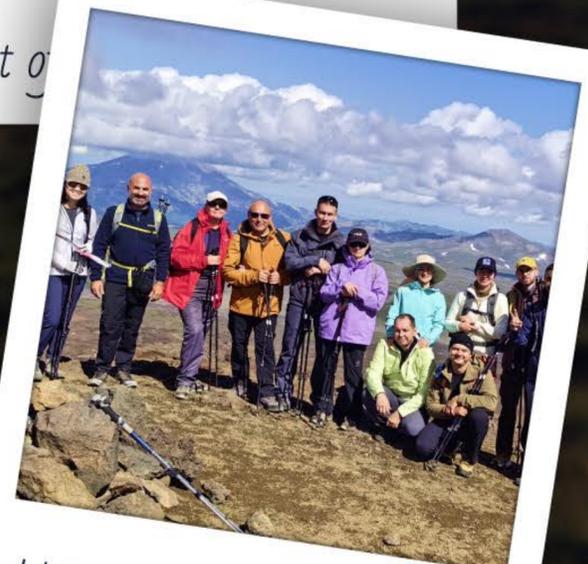


Contacts

↑
for questions
and booking



Foot of



Hiking trek



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https://t.me/kamchatkaland_tour

Telegram channel



<https://vk.com/kamchatkaland>

VK group



8 800 777-57-80

(toll-free call 24/7)



8 911 240-51-75

(Telegram, Max)



Sea fishing

